

Greg Erikson

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HIGHLIGHTS

- **Counselling experience:** Over 25 years of case management and counselling experience within addiction, community service and child welfare social work fields
- **Theory knowledge:** Studied a variety of counselling theories: attachment, narrative, cognitive behavioral, emotion-focused therapy, Rogerian, family systems, working alliance and strengths based; Experience with intake and assessment of a client's service needs
- **Culturally diverse populations:** Knowledge of urban and rural people groups in Canada, India, Mexico, England, Kenya and Grenada; Personal and professional experience with Canada's Indigenous and Metis people
- **Work character:** Creative, resourceful, both self-motivated and a team player

EDUCATION

Master of Counselling University of Calgary, Calgary, AB	2016 to 2020
Bachelor of Social Work University of Manitoba, Winnipeg, MB	2005
Associate of Arts in Psychology Kwantlen University College, Surrey BC	2003
Diploma in Family Management & Life Skills Coaching Canadian Life Skills Training Centre, White Rock, BC	2000

RELEVANT EXPERIENCE

Counselling by Greg Erikson <ul style="list-style-type: none">• Individual counselling for adults by video and telephone• Issues dealt with in counselling range from trauma to depression to family of origin issues & more• Theories utilized are eclectic – person centred to narrative to emotion focused to others as needed	2020 to Present
Founder & Genealogist, Historical Revelations <ul style="list-style-type: none">• Assist and teach clients with processing, exploring and preserving their family narrative• Record, research, and preserve client stories and family artifacts for future generations	2010 to Present

2019 to 2020

Counselling Intern, Red Deer College

- Counsel 10-12 students per week to process and navigate various issues from academic and career needs to personal needs in both single walk-in and ongoing sessions
- Apply Rogerian, cognitive behavioural, narrative, emotion-focused therapy and solution-focused therapy techniques based on individual client needs
- Incorporate client and supervisor feedback to determine effectiveness of service delivery

President, Olds Lions Club

2018 to 2019

- Chaired meetings and assisted community groups in projects or fundraising

Social Work, Medical Relief and Assistance Kenya

2013 & 2014

- Counselling and educated local teachers and professionals on how to build attachment effectively with students and to not use corporal punishment methods
- Assisted nurses and doctors with getting supplies or organizing crowds as they provided medical relief to rural Kenyans

Social Worker Child Welfare, Governments of BC, Ontario and UK

2004 to 2010

- Assessed for safety concerns, supported families through crisis and short-term counselling until families had long term social resources; Supported and placed children in safe homes as needed
- Ensured applicant's suitability for foster care or adoption
- Monitored and supported foster and adoptive once approved

English Language Tutor, Kwantlen University

2000 to 2005

- Tutored students in learning and understanding grammar and pronunciation
- Mentored and encouraged students to keep trying when they were feeling defeated

Residential Support Worker, Phoenix and DASH

1999 to 2005

- Supported federal parolees in rehabilitation and assimilation into the community
- Assisted and counselled adult males who were on the spectrum in Greater Vancouver & Winnipeg

English Teacher to ESL Students, Ingles Individual

1998

- Taught grammar and basic English language skills to the community members and to oil worker professionals in Paraiso and Comocalco, Mexico

Community Development, Community team from Surrey

1998

- Educated and supported community workers & leaders in Namakal & Combitorie, India

Founder, Perspective Consulting on Community Development

1994 to 1997

- Educated and helped agencies and community groups across Canada in empowering youth to be leaders in the community
- Created youth councils that advised management and boards of not for profits and government on youth issues or the creation of policies, programs and projects the youth wanted or felt they needed

Child and Youth Advocate

1991 to 1997

- Advocated for youth at an individual and systemic level in Vancouver area, and across Canada
- Advised and counselled government on the creation on policy creation that were empowering for youth

VOLUNTEER EXPERIENCE

Committee Member

1991 to Present

- Advised and guided as a member of several government advisory councils at a local, provincial, and national level on such issues as poverty, homelessness, youth and children’s rights and mental illness.
- Volunteered, advocated and contributed as a member of groups such as the Federation of B.C. Youth in Care Network, Olds Lions club, Town of Olds Physician Recruitment and Retention committee and others

Recovery Community Volunteer

1991 to 2010

- Supported recovery house clients in life skills development and accessing community resources

Event Planning Committee Member

1994 to 1996

- Helped plan and volunteered at various events and conferences
- Assisted in the planning and delivery of most notably the UN convention on the Rights of the Child conference in Victoria BC, 1994 and the Youth for Youth health conference in Vancouver 1995

PROFESSIONAL ORGANIZATIONS

Professional Professional Member, # 14388

2018 to Present

Canadian Counselling and Psychotherapy Association

Provisionally Registered Social Worker, #9905

2010 to Present

Alberta College of Social Workers

AWARD

International Youth Rotary

1996

- Award for a young person’s proven commitment to new generations
- Given to those who have given significant contributions to youth services